



## BVG Camp Chronicles 01.21

### How camp delivers on Maslow's Hierarchy

We are so happy to be in the year of 2021!

I don't fully understand the psychology of why – but starting a new year is always the most invigorating time for me – the sense of wonder for what can be accomplished this year and the renewed intention to make anything I missed in 2020 happen **THIS** year! Lofty goals – I know. But don't most people go through this in January!? Tell me I'm not alone!

Over the winter break I spent some time deepening my knowledge on emotional intelligence. During a monthly discussion with my colleagues in the coaching space the concept of basic human needs came up. Of course, Maslow's Hierarchy was talked through, and as we informally chatted about the different levels of human need, it didn't take more than a minute to see how camp meets these needs – at EVERY level! I was so excited that I dedicated a blog post to the topic. You can read it on our camp website! Learn along with me and see the power of camp reinforced through the lens of Maslow's Hierarchy! ENJOY – and tell me what you think!

[READ ALL ABOUT IT!](#)

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### What to expect from our monthly Chronicle

Now, it might seem tough to think ahead to July 2021, when it will be warm, sunny and Toronto will be in better spirits. But that's how I spend my days!

Looking towards, and planning for, Camp 2021. With six months stretching between now and the start of camp, each month our **Camp Chronicles Newsletter** will highlight for you what is happening at the camp office, announcements introducing our program leaders and partners, our staff, and new initiatives!

We will also use the Camp Chronicles to update our community on Government measures regarding Covid and how it relates to camp programmes (as we get closer to



summertime and opening day!).

This month kicks off our **STAFF HIRING** and we have a full schedule of online interviews with new and previous camp staff over the coming weeks. Of course, we love referrals too! If you know someone who you would highly recommend, please let them know to apply online through our website. We'd love to meet them! Staff applying should, at a minimum, be completing Grade 10 in June!

In the meantime, if you have specific questions, or just want to call in and say hi to get to know the leadership team here at camp, we welcome all the phone calls and emails! We are super excited to get to know each family, campers and parents alike! From all of us at the camp office – we wish you a new year filled with friendship and connection.

